

Community Resources For the Hamilton Area



Provided to you by:

Bridge to Recovery Program

100 West 5th St.

(905) 522-1155 x33500

Community Psychiatry Clinic

100 West 5th St.

(905) 521-6040

Concurrent Disorders Program

100 West 5th St.

(905) 522-1155 x39207

Dialectical Behavioural Therapy Program

2757 King St. E./100 West 5th St.

(905) 522-1155 x38005

East Region Mental Health Services

2757 King St. E.

(905) 573-4801

Updated September 2015

Clothing

Good Shepherd	(905) 528-9109
St. Matthew's House	(905) 523-5546
St. Vincent de Paul	(905) 549-3902
Salvation Army	(905) 540-1888

Additional Community Support Services

Canadian Hearing Society of Hamilton	(905) 522-0755
Canadian National Institute for the Blind (CNIB)	(905) 528-8555
Mental Health Service Information	1-866-531-2600

Looking for a Family Doctor?

Hamilton Academy of Medicine	(905) 528-1611
www.hamiltondoctors.ca	
Health Care Connect	1-800-445-1822



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Crisis Intervention

COAST	(905) 972-8338
Suicide Crisis Line	(905) 522-1477
Sexual Assault Centre	(905) 525-4162
Barrett Centre	(905) 529-7878
Mental Health Helpline	1-866-531-2600
www.mentalhealthhelpline.ca	
Emergency Psychiatry Services (St. Joseph's Hospital)	50 Charlton Ave.
Kid's Help Phone	1-800-668-6868
Victim Services—Hamilton Police	(905)546-4904

Police Services

EMERGENCY	911
Non-Emergency	(905)546-4925
Domestic Violence Unit	(905) 546-3852/(905)546-3853

Medical Services

EMERGENCY	911
Hamilton Health Sciences	(905) 521-2100
Urgent Care Centre (HHS)	(905)521-2100 x72000
St. Joseph's Hospital	(905) 522-1155
Urgent Care Centre (SJH)	(905) 522-1155 x34811
Telehealth Ontario	1-866-797-0000

Housing

Access to Housing	(905) 524-2228
Housing Help Centre	(905) 526-8100
YMCA	(905)529-7102
YWCA	(905) 522-9922
HOMES Program	(905) 528-3655
CMHA Baldwin House	(905) 521-0090
Indw	(905) 529-0454
Residential Care Facilities	(905) 546-2225

Education

Adult Basic Education Association of Hamilton	(905) 527-2222
St. Charles Adult Education Centre	(905) 577-0555
HWDSB—Red Hill Learning Centre	(905) 561-2190

Recreation

Steps to Health City of Hamilton	(905) 528-3655
www.hamilton.ca/CultureandRecreation/Recreation	
YMCA	(905) 529-7102
YWCA	(905) 522-9922
CMHA Evening Recreation Program	(905) 521-0090
Hamilton Association for Residential and Recreational Redevelopment Programs (HARRRP)	(905) 544-0050

Food Banks

Salvation Army	(905) 540-1888
Good Shepherd	(905) 528-9109
St. Matthew's House	(905) 523-5546
Roxborough PARC Centre	(905) 545-0565
Neighbour to Neighbour	(905) 574-1334
Mission Services	(905) 528-9109
Stoney Creek Food Bank	(905) 643-2090
Kingsway Blessing Centre	(905) 296-9473
Living Rock (Ages 13-25)	(905) 528-7625
Hamilton Dream Centre	(905) 527-8605
Welcome Inn Community Ctr.	(905) 525-5824



Government Offices

ODSP	(905) 521-7280
Ontario Works	(905) 546-4800
CPP-D	1-800-277-9914
OHIP	1-866-532-3161
WSIB	1-800-387-0750
Telehealth Ontario	1-866-797-0000
General Information	1-800-0 CANADA

Trustee Programs

Public Guardian and Trustee	(905) 546-8300
Good Shepherd	(905) 528-9109
Mission Services	(905) 528-4212
Salvation Army	(905) 527-1444

Employment Services

Community Living Hamilton: Employment Access	(905) 526-9339 x225
Mission Services: Marty Karl	(905) 522-5542 x302
Northern Lights Canada	(905) 667-0761
Ontario March of Dimes	(905) 522-2253
PATH Employment Services	(905) 528-6611
Salvation Army Lawson Ministries	(905) 527-6212
Woodview Worx	(905) 385-9244
SJHH Vocational Counseling	(905) 522-1155 x36618
Weave Partners	(905) 972-0220
Goodwill: The Amity Group	(905) 526-8482 x245
Mohawk College Resource Center	(905) 575-2177
Employment Hamilton	(905) 522-4902

Women's Services

Emergency Crisis Lines

Assaulted Women's Helpline	1-866-863-0511
Fem'aide: Francophone Women's Support Line	1-877-336-2433
Inasmuch House	(905) 529-8600
Interval House Hamilton	(905) 387-8881
Martha House	(905) 523-6277
Mary's Place	(905) 540-8000
Native Women's Centre	1-888-308-6559

Emergency Shelters

Inasmuch House	(905) 529-8149
Mary's Place—30 Pearl St. N.	(905) 540-8000
Interval House	(905) 387-9959
Martha House—30 Pearl St. N.	(905) 523-8895
Native Women's Centre	(905) 664-1114

Second Stage Housing

Good Shepherd Women's Services	(905) 523-8766
Phoenix Place	(905) 527-2238

Transitional Housing

Native Women's Centre—Honouring the Circle	(905) 664-1114
YWCA Hamilton	(905) 522-9922



Women's Services (cont.)

Counselling and Support Services

Aboriginal Health Centre	(905) 544-4320
AIDS Network	(905) 528-0854
Catholic Family Services	(905) 527-3823
Centre de santé communautaire	(905) 528-0163
Elizabeth Fry Society	(905) 527-3097
Flamborough Women's Resource Centre	(289)895-8580
Good Shepherd Women's Services	(905) 523-8766
Hamilton Regional Indian Centre	(905) 548-9593
Hamilton Urban Core Community Health Centre	(905) 522-3233
Interval House of Hamilton	(905) 387-9959
Native Women's Centre	(905) 664-1114
North Hamilton Community Health Centre	(905) 523-6611
Women's Centre	(905) 522-0127

Men's Services

Counselling and Support Services

Aboriginal Health Centre	(905) 544-4320
AIDS Network	(905) 528-0854
Catholic Family Services	(905) 527-3823
Centre de santé communautaire	(905) 528-0163
John Howard Society	(905) 522-4446
Hamilton Urban Core Community Health Centre	(905) 522-3233
North Hamilton Community Health Centre	(905) 523-6611

Legal Services

Legal Aid	(905) 528-0134
Hamilton Community Legal	(905) 527-4572
Ontario Rental Housing Tribunal	1-888-332-3234

Family Law Services

Family Law Information Centre (FLIC)	(905) 645-5252
Flamborough Women's Resource Centre Legal Advocate	(289)895-8580
Good Shepherd Women's Services Legal Advocate x4237 Family Court Support Worker x4333	(905) 523-8766
Hamilton Regional Indian Centre	(905) 548-9593
Inasmuch House Legal Advocate	(905) 529-8149
Jared's Place: Legal Advocacy and Resource Centre for Women	(905) 522-0127 x207

Criminal Law and Victim Support Services

Crown Attorney's Office	(905) 645-5262
Elizabeth Fry Society	(905) 527-3097
Hamilton Regional Indian Centre	(905) 548-9593
John Howard Society	(905) 522-4446
Justice of the Peace	(905) 645-5252
Probation and Parole	(905) 521-7527
Victim Services—Hamilton Police	(905) 546-4904
Victim Support Line	1-888-579-2888
Victim/Witness Assistance Program	(905) 645-5272

Public Health and Sexual Health Services

Aboriginal Health Centre	(905) 544-4320
Anonymous HIV Testing	(905) 546-3541
Centre de santé communautaire	(905) 528-0163
City of Hamilton: Health Connections	(905) 546-2489
Health Initiatives for Youth (HIFY)	(905) 528-3009
Sexual Health Information Line	(905) 528-5894

Bereavement Services

Friends in Grief www.friendsingrief.homestead.com/schedule.html	(905) 318-0059
Bereaved Families of Ontario www.bfo-hamiltonburlington.on.ca	(905) 318-0070

Mental Health Agencies

Canadian Mental Health Association Public Health	(905) 521-0090 (905) 546-3597
Mental Health Outreach Program	(905) 522-9767
Schizophrenia Outpatient Clinic	(905) 527-8515
Hamilton Program for Schizophrenia	(905) 525-2832
IntAc	(905) 528-0683
Hamilton Assertive Community Treatment Team	(905) 522-4273
Assertive Community Treatment Team II	(905) 528-5354

Advocacy

Psychiatric Patient Advocate Office	(905) 522-1155x36246
Mental Health Rights Coalition	(905) 545-2525

Men's Services (cont.)

Emergency Shelters

Good Shepherd—135 Mary St.	(905) 528-9109
Salvation Army—94 York Blvd.	(905) 527-1444
Mission Services—325 James St. N.	(905) 528-7635

Child and Youth Services

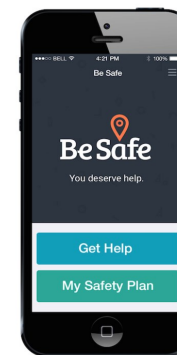
Counselling and Support Services

Aboriginal Health Centre	(905) 544-4320
Alternatives for Youth	(905) 527-4469
Catholic Children's Aid Society	(905) 525-2012
Catholic Family Services	(905) 527-3823
Centre de santé communautaire	(905) 528-0163
Children's Aid Society	(905) 522-1121
Contact Hamilton	(905) 570-8888
Hamilton Regional Indian Centre	(905) 548-9593
Health Initiatives for Youth	(905) 528-3009
Lesbian Gay Bi Tans Youth Line	1-800-268-9688
Living Rock	(905) 528-7625
Lynwood Charlton Hall	(905) 527-4469
Youth and Wellness Centre	(905) 522-1155 x31725

www.reachouthamilton.ca

Download the Be Safe app for Apple and
Android devices

www.mindyourmind.ca/interactives/be-safe



Child and Youth Services (cont.)

Housing Support Services

Angela's Place	(905) 549-4276
Brennan House	(905) 577-1166
Good Shepherd Family Centre	(905) 528-9442
Good Shepherd-Notre Dame House	(905) 308-8090
Grace Haven	(905) 522-7336
St. Martin's Manor	(905) 575-7500

Sexual Assault Counselling and Support Services

Community Child Abuse Council	(905) 523-1020
Centre de santé communautaire	(905) 528-0163
Sexual Assault Centre Hamilton and Area (SACHA)	(905) 525-4573
Sexual Assault/Domestic Violence Care Centre	(905) 521-2100 x73557

Immigration, Settlement and Newcomer Support Services

Centre de santé communautaire	(905) 528-01063
Circle of Friends	(905) 529-1840
Citizenship and Immigration Inquiries	1-888-242-2100
Hamilton Centre for Civic Inclusion	(905) 297-4694
Hamilton Urban Core Community Health Centre	(905) 522-3233
Immigrant Women's Centre	(905) 529-5209
North Hamilton Community Health Centre	(905) 523-6611
YMCA Settlement Services	(905) 526-8452
YWCA Settlement Services	(905) 522-9922 x147

Aboriginal Support Services

De dwa de dehs nyes>s-Aboriginal Health Centre	(905) 544-4320
Hamilton Regional Indian Centre	(905) 548-9593
Metis Women's Circle	(905) 628-5813
Native Women's Centre	(905) 664-1114
Niwasa Aboriginal Education Programs	(905) 549-4884
Sacajawea Non-Profit Housing	(905) 544-3406
Six Nations on the Grand River Territory	(519) 445-2201
Urban Native Homes	(905) 548-6974

Alcohol, Drugs, & Gambling

ADGS	(905) 546-3606
Centre for Addiction and Mental Health	(905) 525-1250
Needle Exchange Program	(905) 317-9966
Drug and Alcohol Helpline	1-800-565-8603
Men's Withdrawal Management Centre	(905) 527-9264
Womankind	(905) 545-9100
Addiction Services of Hamilton	(905) 521-7925
Alternatives for Youth	(905) 527-4469
Women and Men for Sobriety	(905) 528-6823
Alcoholics Anonymous	(905) 522-8399
Narcotics Anonymous	(905) 522-0332
Cocaine Anonymous	1-866-622-4636
Ontario Problem Gambling Hotline	1-888-230-3505

